

## Aldersgate



## United Methodist Church

• Schedule

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- Wednesday, September 2<sup>nd</sup> Aldersgate Party
  - Wednesday, September 9<sup>th</sup> Confirmation Class Parent Meeting
    - CLC Gym
- Sunday, September 13<sup>th</sup> Sunday School Begins
  - Spark CLC 201, 202, 203
  - Ignition CLC Gym
- Wednesday, September 16<sup>th</sup> Confirmation Class Begins
- Wednesday, September 23<sup>rd</sup> 5<sup>th</sup> Grade and Junior High Small Groups Begin
  - Biblical Beauties (5<sup>th</sup> Grade Girls) CLC 201
  - King's Men (5<sup>th</sup> Grade Guys) CLC 202
  - Confirmation CLC Gym
  - 7<sup>th</sup> Grade Girls CLC 203
  - 7<sup>th</sup> Grade Guys CLC 301
  - 8<sup>th</sup> Grade Girls CLC 204
  - 8<sup>th</sup> Grade Guys CLC 102
- Sunday Nights will continue online.
- Safety Procedures
  - All Volunteers and Students are always required to wear masks when a 6-foot distance is not possible.
    - If anyone does not have a mask, one will be provided for them.
  - o Temperatures will be taken upon arrival in the CLC Lobby.
  - Anyone who is experiencing a temperature of 100° F or higher will be sent home to join us virtually until they have recovered.
- To ensure the safety and wellness of our church community, we ask all members of the church community to agree to the following. I will:
  - Perform temperature checks on myself and my child(ren) to screen for fever before arriving at the church campus. Generally, those with COVID-19 have a fever above 100°
    F, but this is not always the case. Parents, students, volunteers, and staff should use a fever or the symptoms below as a way to screen for the virus or any other illness.
  - Make a visual observation of my child(ren) or myself for signs of illness which could include one or a combination of the following
    - Fever or chills
    - Cough
    - Shortness of breath or difficulty breathing
    - Fatigue
    - Muscle or body aches
    - Headache
    - New loss of taste or smell
    - Sore throat
    - Nausea or vomiting
    - Diarrhea
  - o If a fever or any other symptoms are present, remain home until the illness is resolved.

- Promptly pick up my child(ren) or arrange pickup if signs or symptoms of illness develop while at church.
- Support my child(ren)'s use of face covering.
- Confirm that my child(ren) has not been in contact with someone who has tested positive for COVID-19 in the past 10 days or who is waiting for test results.
- In accordance with CDC guidelines, a student, volunteer, or leader can be with others after the following conditions are met:
  - I think or know I had COVID-19, and I had symptoms.
    - You can be around others after:
      - 10 days since symptoms first appeared <u>and</u>
      - 24 hours with no fever without the use of fever-reducing medications <u>and</u>
      - Other symptoms of COVID-19 are improving
        - Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation
      - Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.
  - I tested positive for COVID-19 but had no symptoms.
    - If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19. Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.
    - If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID-19, and I had symptoms."
  - I was severely ill with COVID-19 or have a severely weakened immune system due to a health condition or medication.
    - People who are severely ill with COVID-19 might need to stay home longer than 10 days and up to 20 days after symptoms first appeared. Persons who are severely immunocompromised may require testing to determine when they can be around others. Talk to your healthcare provider for more information.
    - Volunteers and Staff will be required to provide documentation from a physician in order to resume in-person activities at Aldersgate United Methodist Church.
  - I have been around a person with COVID-19.
    - Anyone who has had close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person. However, anyone who has had close contact with someone with COVID-19 and who:
      - developed COVID-19 illness within the previous 3 months and
      - has recovered <u>and</u>
      - remains without COVID-19 symptoms (for example, cough, shortness of breath) does not need to stay home.

This document was last updated on 8.25.20 based on CDC guidelines from 8.16.20. These procedures will continue to be updated in accordance with CDC guidelines. For the most up to date information, please visit <u>https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-</u> isolation.html